

**HAWICK COMMON GOOD FUND  
APPLICATION FOR FINANCIAL ASSISTANCE**

<p><u>Applicant Details</u> Name and Address of Applicant/Organisation:</p> <p>Telephone No:</p> <p>Email:</p>	<p>Nature Unlimited</p> <p>1, Dunstane Farm Cottages Lilliesleaf Melrose TD6 9JA</p> <p>(Jan Barr, legally responsible Director) or 01721 (Ruth Noble, Director and applicant)</p>
<p>Address to which payment should be made:</p>	<p>As above</p>
<p><u>Activities</u> Please supply a brief description of the activities of your organisation and the benefits it brings to the local community:</p>	<p>Nature Unlimited nurtures well-being, resilience and community through teamwork (den-building, games) and nature connection activities in woodlands. We support participants, at every stage of life, to grow and thrive, helping to reduce social and health inequalities. We run sessions in woodlands across the Scottish Borders, which range from long-term employability programmes, family and community projects, mental health &amp; well-being sessions to one-off events such as team building days and taster sessions. We also offer training so that other organisations can gain the skills &amp; confidence to get even more people outdoors.</p>

<p><u>Assistance Requested</u> Please indicate the sum requested and the purpose for which it will be used:</p>	<p>£9375 This will cover the costs of sessional workers, basic equipment and volunteer expenses. We will run two programmes of 15 sessions based in beautiful local woodlands for groups of up to twelve teenage girls who have, or are at risk of developing mental health issues. One will take place in Spring/Summer and one in Autumn. There will be an overnight camp at the end of each programme. Our sessions are designed to build resilience and create a community for well-being by allowing participants to learn and develop at their own pace while pursuing their own interests and connecting with nature and each other. Participants will be introduced to a variety of nature connection activities ranging from creating natural art, cooperative team games, to chilling out in a hammock and everything in between. The choice of activities on offer will be determined by the needs of individuals and the group. An important part of the sessions will be cooking a healthy meal together on the campfire. Our high staff to participant ration will allow us to give one-to-one support where necessary and to facilitate a range of skills and personal development. Through involving the group in our Plan, Do, Review cycle, the young people will gain a sense of control and responsibility and by encouraging reflective practice they will learn to recognise and manage their emotions. Through collaborative and/or creative activities during repeated visits to the same site and interaction with the same team of people, they will develop a sense of belonging, both within the therapeutic woodland environment and within the safe community that we nurture.</p>
<p>When will the donation be required:</p>	<p>1/4/2017</p>
<p>If this is a one-off project then please give the following details –</p> <p>Date (s):</p> <p>Estimated total cost:</p> <p>Funds already raised by applicant’s own efforts:</p> <p>Funds raised or expected to be raised from other sources (please state sources):</p>	<p>End April to end June 2017; end August to end November 2017</p> <p>£9375</p> <p>We have surplus of approximately £4000 from last year but ideally we would prefer to keep this for staff and volunteer training to ensure the continued high standard of our service.</p> <p>We are also applying to Awards for All; if we are successful with both applications this would also enable us to offer the same service in the Galashiels area</p>

<p><u>Other information</u> If you have other information which you feel is relevant to this application please provide details including details of any previous assistance given:</p>	<p>We have decided to work with an all girls group so that they will feel safe to discuss a range of issues and emotions, including those related to sexuality. The Scottish Borders Joint Health Improvement Team are keen to see the results of this pilot project. The increase in mental health problems is a ticking time bomb for the community as a whole and we firmly believe that we can make a positive difference to young people's lives through this programme, by giving them the social and emotional skills to make positive lifestyle choices, to grow in confidence and to thrive. This testimonial from a guidance teacher demonstrates the impact of our work: "He spoke about his feelings which is very difficult for him. It was a pleasure to see him blossom... The forest became a place where confidence grew, a place to have fun, a place to learn skills and a place to achieve success. It has definitely had a positive effect on the group."</p>
<p><u>Equal Opportunities</u> State how you take account of equal opportunities legislation by including all sections of the community (include child protection, vulnerable adult legislation if relevant, disability, promotion of equality of access to services irrespective of race, gender, age sexual orientation, religious or political beliefs).</p>	<p>Nature Unlimited will ensure that all participants will receive support to fulfil their potential regardless of any social, economic, educational or physical inequalities and regardless of age, gender, ethnicity or religious beliefs. Nature Unlimited aims to achieve the outcomes set by Scottish Borders Council * to:</p> <ul style="list-style-type: none"> <li>• eliminate discrimination and harassment</li> <li>• promote equality of opportunity and foster good relations. □*</li> </ul> <p><a href="http://www.scotborders.gov.uk/info/751/equality_diversity_and_citizenship/1266/reporting_on_equality">http://www.scotborders.gov.uk/info/751/equality_diversity_and_citizenship/1266/reporting_on_equality</a> [Accessed 24/4/16]</p>
<p><u>Declaration</u> I hereby make application for assistance as set out above and certify that the information I have provided is accurate</p> <p>Signed:     ✓</p> <p>Position Held: Director</p> <p>Date: 24/1/17</p>	
<p><b>Note: All applications from organisations MUST be accompanied by a copy of the latest audited accounts. Following the event/project the evaluation form must be completed and returned.</b></p>	

This completed form, accounts and any supporting details should be submitted to Judith Turnbull Democratic Services Officer, Scottish Borders Council, Council Headquarters, Newtown St Boswells, TD6 0SA. Telephone 01835 826556

Costing spreadsheet

Project Name **Wild about Welbeing** No. of sessions^ **30**

	Rate	Number	Total
FSL 1	£15.00	5	£75.00
FSL 2	£15.00	4	£60.00
Volunteer travel	£10.00	1	£10.00
Consumables*	£10.00	1	£10.00
Minibus travel!	£50.00	1	£50.00
		<b>Subtotal</b>	<b>£205.00</b>
	<b>Core costs @ 25%</b>		<b>£51.25</b>
	<b>Cost per session</b>		<b>£256.25</b>
			<b>£38.30</b>
	<b>Total cost per session</b>		<b>£294.55</b>
	<b>Staff training</b>		<b>£500.00</b>
	<b>Total project cost per</b>	<b>30</b>	<b>£9,374.80</b>

\* Consumables covers hot chocolate, clay, paracord, wool, string etc

\*\* Equipment is anything which is required specifically for the project in question

^based on 9 half day plus 3 full day (incl one overnight)

Additional costs

	Cost/rate	Number	Total
Equipment**	£349.00	1	£349.00
Overnight accom	£200.00	1	£200.00
Meetings	£15.00	4	£60.00
Extra prep/planning	£15.00	6	£90.00
Food for overnight	£15.00	6	£90.00
S & S	£15.00	24	£360.00
			£1,149.00
Costs spread over all sessions		30	£38.30

8931.5      26794.5





Registration number: SC515581

# Nature Unlimited C.I.C.

(A company limited by guarantee)

Directors' Report and Unaudited Financial Statements

for the Period from 14 September 2015 to 30 September 2016

**Nature Unlimited C.I.C.**  
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## **Nature Unlimited C.I.C.**

### **Company Information**

<b>Directors</b>	J E Barr E Cox G S Keita
<b>Registered office</b>	1 Dunstane Farm Cottage Lilliesleaf Melrose Roxburghshire TD6 9JA
<b>Accountants</b>	Deans Accountants And Business Advisors Ltd Chartered Accountants and Business Advisors 27 North Bridge Street Hawick Borders TD9 9BD

**Nature Unlimited C.I.C.**

**Directors' Report for the Period from 14 September 2015 to 30 September 2016**

The directors present their report and the unaudited financial statements for the period from 14 September 2015 to 30 September 2016.

**Incorporation**

The company was incorporated on 14 September 2015.

**Directors of the company**

The directors who held office during the period were as follows:

J E Barr (appointed 14 September 2015)

E Cox (appointed 9 December 2015)

W Patterson (appointed 14 September 2015 and retired 10 September 2016)

G S Keita (appointed 14 September 2015)

J Lawson (appointed 9 December 2015 and retired 5 September 2016)

**Small company provisions**

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

Approved by the Board on 6 December 2016 and signed on its behalf by:

.....  
J E Barr  
Director

**Chartered Accountants' Report to the Board of Directors on the Preparation of the  
Unaudited Statutory Accounts of  
Nature Unlimited C.I.C.  
for the Period Ended 30 September 2016**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Nature Unlimited C.I.C. for the period ended 30 September 2016 set out on pages 4 to 6 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants of Scotland (ICAS), we are subject to its ethical and other professional requirements which are detailed at [www.icas.org.uk](http://www.icas.org.uk).

This report is made solely to the Board of Directors of Nature Unlimited C.I.C., as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the accounts of Nature Unlimited C.I.C. and state those matters that we have agreed to state to them, as a body, in this report in accordance with AAF 2/10 as detailed at [www.icaew.com/compilation](http://www.icaew.com/compilation). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Nature Unlimited C.I.C. and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Nature Unlimited C.I.C. has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of Nature Unlimited C.I.C.. You consider that Nature Unlimited C.I.C. is exempt from the statutory audit requirement for the period.

We have not been instructed to carry out an audit or a review of the accounts of Nature Unlimited C.I.C.. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

.....  
Deans Accountants And Business Advisors Ltd  
Chartered Accountants and Business Advisors  
27 North Bridge Street  
Hawick  
Borders  
TD9 9BD

6 December 2016

**Nature Unlimited C.I.C.**

**Profit and Loss Account for the Period from 14 September 2015 to 30 September 2016**

	<b>Note</b>	<b>14 September 2015 to 30 September 2016 £</b>
Turnover		57,347
Administrative expenses		<u>(36,352)</u>
Operating profit		<u>20,995</u>
Profit on ordinary activities before taxation		<u>20,995</u>
Profit for the financial period	4	<u><u>20,995</u></u>

**Nature Unlimited C.I.C.**  
**(Registration number: SC515581)**  
**Balance Sheet at 30 September 2016**

	Note	30 September 2016 £
<b>Current assets</b>		
Cash at bank and in hand		21,245
Creditors: Amounts falling due within one year	2	<u>(250)</u>
Net assets		<u>20,995</u>
<b>Capital and reserves</b>		
Profit and loss account	4	<u>20,995</u>
Total funds		<u>20,995</u>

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2015).

For the year ending 30 September 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Approved and authorised for issue by the Board on 6 December 2016 and signed on its behalf by:

.....  
 J E Barr  
 Director

.....  
 G S Keita  
 Director

**Nature Unlimited C.I.C.**

**Notes to the Financial Statements for the Period from 14 September 2015 to 30 September 2016**

**1 Accounting policies**

**Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

**Turnover**

Turnover represents amounts chargeable in respect of the sale of goods and services to customers.

**2 Creditors: Amounts falling due within one year**

	<b>30 September 2016 £</b>
Other creditors	<u>250</u>

**3 Company status**

The company is a private company limited by guarantee and consequently does not have share capital. Each of the members is liable to contribute an amount not exceeding £nil towards the assets of the company in the event of liquidation.

**4 Reserves**

	<b>Profit and loss account £</b>	<b>Total £</b>
Profit for the period	<u>20,995</u>	<u>20,995</u>
At 30 September 2016	<u>20,995</u>	<u>20,995</u>



**Nature Unlimited C.I.C.**

**Detailed Profit and Loss Account for the Period from 14 September 2015 to 30 September 2016**

	<b>14 September 2015 to 30 September 2016</b>	
	<b>£</b>	<b>£</b>
Turnover (analysed below)		<u>57,347</u>
Gross profit (%)		100.00%
<b>Administrative expenses</b>		
Employment costs (analysed below)	(33,536)	
General administrative expenses (analysed below)	<u>(2,816)</u>	
		<u>(36,352)</u>
Profit on ordinary activities before taxation		<u><u>20,995</u></u>

**Nature Unlimited C.I.C.**

**Detailed Profit and Loss Account for the Period from 14 September 2015 to 30 September 2016**

	<b>30 September 2016 £</b>
<b>Turnover</b>	
Sales, UK	9,516
Grants and subsidies	47,831
	<hr/> 57,347
<b>Employment costs</b>	
Wages and salaries	32,121
Staff training	550
Travelling	865
	<hr/> 33,536
<b>General administrative expenses</b>	
Activities and equipment	1,380
Printing, postage and stationery	76
Sundry expenses	13
Accountancy fees	250
Advertising	1,097
	<hr/> 2,816